#### MID AND WEST WALES REGIONAL SAFEGUARDING BOARD

# NEWSLETTER



### ISSUE 9, Summer 2025

# MESSAGE FROM THE BOARD MANAGER



Welcome to the Summer 2025 edition of our Mid and West Wales Safeguarding Board Newsletter!

This issue highlights more news and updates on important areas of safeguarding policy, practice and training, as well as news and good practice highlights from teams and services from our partner agencies across the region.

We are always keen to promote stories and examples of the excellent work taking place across the region, so please do continue to send in any news or information you would like us to highlight to <u>cysur@pembrokeshire.gov.uk</u>

Julie Breckon, Strategic Regional Safeguarding Manager for Children and Adults at Risk

# **INSIDE THIS ISSUE**

#### REGIONAL

- ⇒ Published Child & Adult Practice Reviews
- ⇒ What is a Single Unified Safeguarding Review (SUSR)?
- ⇒ Social Work Guide to the Mid & West Wales Investigative Domestic Abuse Court – Pathfinder
- ⇒ Pembrokeshire County Council Celebrate Safer Sleep Week
- $\Rightarrow$  National Safeguarding Week 2025: Save the Date
- ⇒ Practice Review Dissemination event recordings
- ⇒ Homeless Pembrokeshire & Homeless Carmarthenshire Homeless LocalLink App

#### NATIONAL

- ⇒ CSA Centre Resource: Funding and commissioning child sexual abuse services
- ⇒ Lucy Faithfull Foundation Core Funded Projects in Wales
- ⇒ Paladin National Stalking Advisory Service
- ⇒ The CSA Centre Resource What you need to know about child sexual abuse
- ⇒ World Elder Abuse Awareness Day – 15th June
- ⇒ NSPCC Cymru Free Service Offer for Schools
- $\Rightarrow$  NSPCC Listen Up Speak Up

# CSA CENTRE RESOURCE: FUNDING AND COMMISSIONING CHILD SEXUAL ABUSE SERVICES

The Centre of expertise on child sexual abuse (CSA Centre) are pleased to announce that their <u>Funding</u> and commissioning child sexual abuse services resource has now been published. This comprehensive guide has been developed to address an urgent challenge in the effective response to the sexual abuse of children: the gap between current service provision and the needs of victims and survivors of child sexual abuse. Timely, effective support services are crucial in mitigating the impacts of abuse and can play a vital role in prevention and disruption of child sexual abuse.

It is designed for funders and commissioners across a wide range of local, regional and national arrangements, including Police and Crime Commissioners, local authorities, NHS England and Wales and Integrated Care Boards, the guide offers a structured approach to developing and improving support provision.

The CSA Centre are keen to engage further with funders and commissioners, and hope to evaluate the impact this resource has on the provision and funding of services for victims and survivors of child sexual abuse. Please do let them know about your experiences if you have shared this with commissioners. Contact: shauna.breen@csacentre.org.uk

# Funding and commissioning child sexual abuse services

To help understand where and how to address gaps in child sexual abuse support services, this guide explains why these services are so important, and how to fund and commission them well.



# LUCY FAITHFULL FOUNDATION - CORE FUNDED PROJECTS IN WALES

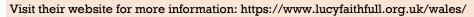
Lucy Faithful Foundation is currently offering various projects funded by Welsh Government, that provide free support and education to people across Wales.

#### **Early Intervention for Vulnerable Families:**

This project offers personalised one-to-one support for families at risk, aiming to enhance their protective abilities and provide necessary guidance. It is referral-based, offering 3-10 sessions to protective adults where there is concern or risk of child sexual abuse. Sessions can be conducted in person or online. For those considering a referral, a quick case discussion is encouraged to ensure eligibility.

#### **Keeping Children Safe:**

This initiative focuses on educating and raising awareness among parents, carers, and professionals across Wales through 2-3 hour public education sessions. Additionally, it offers "train the trainer" sessions for professionals who can then deliver the Parents Protect! sessions directly to parents. Consultation groups are held four times a year, welcoming new members from both parents and professionals.





### POWYS SCHWARTZ ROUNDS SUPPORTING STAFF IN CHILDRENS SERVICES

Powys are proud to be one of the first Local Authorities in Wales providing Schwartz Rounds to support their staff in Children's Services. They held their first Round in March 2024 and have been facilitating them bi-monthly since then.

#### What are Schwartz Rounds?

- A safe and supportive group space where staff across Children's Services come together to listen and share experiences about the social and emotional rewards and challenges of working in social care.
- Facilitators support 3 storytellers to each, in turn, share a personal story about their experiences of working in social care.
- A wider group discussion is then facilitated where the audience discusses their thoughts and emotions about what they have heard and their own personal connections to this.

In total, Rounds have been attended by 231 staff members with the average attendance being 46 staff at each Round. Staff attending the Rounds have been 46% Support Services, 22% Qualified workers, 15% Business Support, 12% Students and 5% Managers

To book in Powys, please email: schwartzround@powys.gov.uk Not sure what Schwartz Round is? For further information, visit: www.theschwartzcenter.org www.pointofcarefoundation.org.uk



### SOUND CAMPAIGN LAUNCH – PUBLIC SEXUAL HARASSMENT

On 11 February, the Welsh Government launched the latest phase of the Sound campaign, which encourages young men in Wales to learn about gender-based violence and 'sound out' their behaviours and thoughts with each other. The latest phase of the campaign focuses on public sexual harassment, including behaviours like catcalling, physical intimidation, and inappropriate touching. The launch included a Sound Run event with 10 mixed gender running clubs in Cardiff coming together to discuss public sexual harassment, with media coverage on ITV Wales, BBC Radio Wales and BBC Online, and S4C.

Sound aims to educate men aged 18-34, alongside showcasing what they can do to be allies in ending the public sexual harassment of women in Wales.

The campaign focuses on early intervention, which is one of the priorities in the current Violence against women, domestic abuse and sexual violence strategy.

#### Please show your support for the campaign in the following ways:

- By following the Sound channels (linked below) from your organisation's accounts
- By sharing a piece of content from the Sound channels on your stories / grid / social profiles
- By sharing internally with your teams and relevant contacts.

Any questions or queries, please get in touch with katie.dowling@gov.wales

#### SOUND CHANNELS:

Instagram: <u>Sound (@soundcymru) | Instagram</u> TikTok: <u>Iawn / Sound (@soundcymru) | TikTok</u> YouTube: <u>https://www.youtube.com/@SoundCymru</u>



# PUBLISHED CHILD & ADULT PRACTICE REVIEWS



The prime purpose of practice reviews is to identify multi-agency learning and to make recommendations to improve safeguarding practice. Please find our most recently published practice review below and on the Child Practice Review <u>page of our website</u>.

#### **CYSUR 6 2021 Extended Child Practice Review**

This Child Practice Review relates to two children who were sexually abused in foster care. The learning is relevant to all multiagency practitioners who work with and support Children Looked After.

The report can be accessed <u>here</u>, and is also available on the Published Child Practice Reviews webpage: <u>https://cysur.wales/</u> <u>child-practice-reviews/</u> A recording of the online dissemination event is available here: https://cysur.wales/training/practicereview-dissemination-videos/

### WHAT IS A SINGLE UNIFIED SAFEGUARDING REVIEW (SUSR)?

In October 2024, Welsh Government published statutory guidance which implemented the Single Unified Safeguarding Review (SUSR) model across Wales. The model incorporates multiple review processes into one unified model, eliminating the need for families to take part in multiple processes and allowing services to identify learning sooner.

The SUSR model incorporates the following processes into one cohesive process— Adult Practice Reviews, Child Practice Reviews, Domestic Homicide Reviews and Mental Health Homicide Reviews

#### **Transition to SUSR**

The SUSR model supersedes the Child and Adult Practice Review processes previously in place. Our dedicated webpages hosting published Child Practice Reviews and Adult Practice Reviews will remain live on our website, to share the learning available from these completed reviews in our region.

#### The SUSR Model

A core principle of the model is to learn from the experiences and perspectives of the individuals connected to the incident. This means engaging with victims and families, as well as with multi-agency practitioners across the services who supported them, to consider what actions can be taken to support improvements to future practice and service provision.

The new SUSR model is also supported by the development of the Wales Safeguarding Repository, which will host published reviews within an innovative, searchable platform.

SUSRs are not investigations or inquiries, nor do they seek to appoint blame or culpability. Instead, the principle of learning is at the heart of the model, supporting those involved in the review to reflect together to identify actions that can lead to improvements to practice and therefore, better outcomes for children, adults at risk and victims of domestic abuse.

For more information about the SUSR model, please visit Welsh Government's dedicated webpage https://www.gov.wales/single-unified-safeguarding-review-guidance



National Stalking Advocacy Service

### ARE YOU BEING STALKED?

- Receiving unwanted attention
- Someone not taking "no" for an answer
- They know things about you/your life that they shouldn't and you don't know how.
- Asking questions about your routine/schedules
- Creating fake accounts online/using unknown numbers to keep in contact with you
- Unwanted texts/calls/DM's.
- Sending unwanted gifts/notes
- Threats to harm/kill (you/them if you don't make contact)

### ANYONE CAN BE A STALKER. ANYONE CAN BE STALKED.

THIS MAY APPLY TO <u>ANYONE IN YOUR LIFE; FRIEND,</u> EX-PARTNER, ACQUAINTANCE, TEACHER, COLLEAGUE ETC. IF YOU ANSWERED "YES" TO ANY OF THE ABOVE, YOU COULD BE A VICTIM OF STALKING.

# REMEMBER FOUR

- IF THE BEHAVIOURS ARE:
  - **FIXATED**
  - BSESSIVE
  - **U NWANTED**
  - **R EPEATED**

IT IS STALKING



WE OFFER SUPPORT TO <u>ALL</u> HIGH-RISK VICTIMS OF STALKING AND ARE THE ONLY SERVICE SPECIALISING IN SUPPORT FOR 16 - 25 YEAR OLDS EXPERIENCING STALKING ACROSS ENGLAND AND WALES

0203 866 4107 info@paladinservice.co.uk www.paladinservice.co.uk

Charity Number: 1163801

STALKING IS A CRIMINAL OFFENCE & SHOULD BE REPORTED TO THE POLICE. IN AN EMERGENCY CALL 999 REPORT NON-EMERGENCY INCIDENTS TO 101

# SOCIAL WORK GUIDE TO THE MID & WEST WALES INVESTIGATIVE DOMESTIC ABUSE COURT – PATHFINDER

#### What is Pathfinder?

This is a reformed and improved family justice initiative for private law applications in seven local authorities (Pembrokeshire being one), promoting principles of 'safety first' and 'the voice of the child' and aims to

- Improve the Family Court experience for all parties, particularly parent victims of domestic abuse and their children, improving children's experience of and (appropriate) participation in the court process.
- Deliver a more efficient court process which reduces delays whilst ensuring that all orders are safe and appropriate to the case.
- Reduce the re-traumatisation of domestic abuse victims, including children, which may be experienced during proceedings.
- Reduce the number of returning cases through a more sustainable court order.
- Adopt a multi-agency approach to improved coordination between the Family Court and agencies, such as local authorities and the police, and the way allegations of domestic abuse and other risks of harm are dealt with.

#### How will this impact on me?

From the 3rd March 2025, Local Authorities or CAFCASS will be ordered to complete a Child Impact Report, replacing the current Section 7 report. The timescale for completion will be 6 weeks, (30 working days) therefore a tight turnaround.

CIR will focus on the core issues for the children and their welfare not on the wider parental disputes. By focussing on

the child's welfare much earlier and adopting an investigative problem-solving approach, where safeguarding checks indicate it is safe to do so, we help centre the child within proceedings and help families and the court to consider the impact of the situation on the child, thus making proceedings less adversarial. The report writer will need to consider, on receipt of applications and supporting documents, issues of safeguarding, domestic abuse, and other forms of harm.

Information provided by Pembrokeshire County Council – Children's Services



### WHAT YOU NEED TO KNOW ABOUT CHILD SEXUAL ABUSE

# What you need to know about child sexual abuse

Read the CSA Centre's new accessible overview in 10 key points



Now available on csacentre.org.uk

The CSA Centre has published a new accessible overview What you need to know about child sexual abuse.

This new overview is designed to help all who work with children to build an informed understanding of child sexual abuse including: what we know about the scale and nature of sexual abuse of children, how to identify and respond to concerns, its impact and what we can do to help children, adults and families recover and move forward.

This introductory resource is available to anyone seeking to learn more about child sexual abuse, whether they work directly with children or not. It is free to access on their website.

# NSPCC CYMRU FREE SERVICE OFFER FOR SCHOOLS

NSPCC Cymru has a free service offer for both primary and secondary schools in Wales. Both of these offers are available in the medium of Welsh and English.

Speak out Stay safe is a safeguarding programme for children aged 5 to 11 years old. It is available to all primary schools in the UK and Channel Islands.

It helps children understand:

- abuse in all its forms and how to recognise the signs of abuse
- that abuse is never a child's fault and they have the right to be safe
- where to get help and the sources of help available to them, including their <u>Childline</u> <u>service</u>.



Talk Relationships supports all UK secondary schools to confidently deliver inclusive sex and relationships education.

The NSPCC want all young people across the UK to understand healthy behaviours in relationships and recognise their right to be safe, heard and respected. And they want them to know how to get help from a trusted adult if they need it.

#### To access the services:

For the primary schools - <u>Speak out Stay safe</u> programme. For the secondary schools — <u>Talk Relationships</u> programme.

# PEMBROKESHIRE COUNTY COUNCIL CELEBRATE SAFER SLEEP WEEK: FAMILY SUPPORT TEAM AND PERSONAL ADVISOR LEARNING EVENT

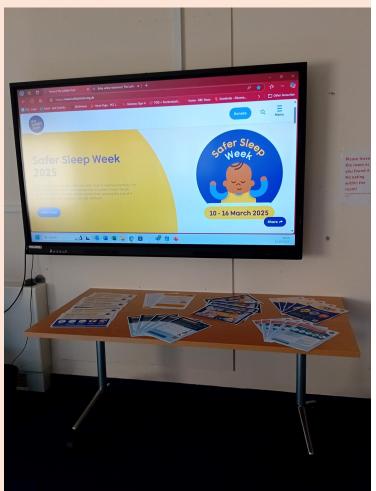
As part of Pembrokeshire County Councils ongoing commitment to improving the safety and well-being of the families they support, the Family Support Team and the Personal Advisor service came together for a collaborative Safer Sleep Week event presented by their Flying Start Support Worker Joel Crockford. This session provided valuable insights into safer sleep practices and gave practitioners the opportunity

to learn how to identify sleep-related issues early in the children they encounter during their visits.

The benefits of this collaboration are significant. By deepening their understanding of safer sleep, practitioners are better equipped to offer timely, appropriate advice and ensure families and young parents who are care experienced receive the support they need. Identifying potential issues early means that they can intervene sooner, ultimately helping to prevent harm and support healthier sleep habits for children.

Moving forward, they are committed to continuing these collaborative learning opportunities to further enhance their practices. By working together and sharing knowledge across teams, they can improve the quality of their services and better support the families and children we work with.

For additional resources on safer sleep, we encourage you to explore the Lullaby Trust website, which provides expert advice and guidance https://www.lullabytrust.org.uk/



# NATIONAL SAFEGUARDING WEEK 2025: SAVE THE DATE

National Safeguarding Week 2025 will take place from Monday 10th to Friday 14th November this year, with the regional theme of Positive Safeguarding Practice. This important week is dedicated to raising awareness about safeguarding issues and promoting best practices to protect vulnerable individuals in our communities.

Throughout the week, partner agencies throughout Mid and West Wales will host a variety of events, including conferences, webinars, and workshops, both online and in-person. These events will feature expert speakers from the safeguarding community, including individuals with lived experiences.

More information in relation to individual sessions will be shared over the summer, and we will share the full programme with you soon.



Stay tuned for more updates!



# Promote



# Listen up, Speak up

### What is Listen up, Speak up?

Listen up, Speak up is an NSPCC campaign aimed at empowering the public to take action if they're worried about a child or family.

Because when we all listen up and speak up for the people around us, we can make sure that children always come first. It might mean stepping in to help juggle childcare, providing a listening ear to a struggling teen, or calling the NSPCC Helpline if you think a child is at risk.

#### That's why we're offering free, bitesize training to every adult in the UK. It will show:

- the signs a child might be at risk, and steps you can take to help
- how to approach difficult conversations to help keep children safe
- who you can contact if you're ever concerned about a child or their family.

With your support, we can get as many people as possible involved in our campaign, meaning we can keep more children safe.

#### How can you support this campaign?

- Take the 10-minute digital training: nspcc.org.uk/speakup
- 2 Share our training with people that you know
- 3 Host a Listen up, Speak up workshop

These are free, hour-long workshops that can be delivered at your workplace, school, club or community group. For further information, please contact rhys.beaven@nspcc.org.uk

#### Thanks for your support

ENERGY 2023 Registered sharing England anti-Wales 238 (e01, Sentend SCS 37737 and January 285. Product and Wales 248 (e01, Patho Color and Eliza Adults and oblights and relation 2023/01/29.

# WORLD ELDER ABUSE AWARENESS DAY - 15TH JUNE



The abuse of older people (60+), often referred to as 'elder abuse', is a global public health problem. It is a single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person. This type of violence is a violation of human rights and includes physical, sexual, psychological, and emotional abuse; financial

- Victims aged 61+ are much more likely to experience abuse from an adult family member than those 60 and under.
- Victims aged 61+ are much more likely to experience abuse from a current intimate partner than those 60 and under.
- Older victims are more likely to be living with the perpetrator after getting support.
- Older victims are significantly more likely to have a disability for a third, this is physical (34%).
- Older victims are less likely to attempt to leave their perpetrator in the year before accessing help.

#### Report from the World Health Organisation on elder abuse

"Despite the growing awareness of domestic abuse, the experiences of older people continue to be overlooked. In recognising that abuse doesn't cease with age, older individuals often encounter abuse in unique ways. Additionally, they face barriers when seeking domestic abuse support and services. These barriers include a lack of public awareness regarding abusive behaviours affecting older people, insufficient support solutions tailored to their needs (both for older women and men), and a prevailing perception among older individuals that there are no alternatives to enduring abuse."

#### Help and support for older people

<u>Older People's Commissioner for Wales</u>: protects and promotes the rights of older people throughout Wales – 03442 640 670. Email: <u>ask@olderpeople.wales</u>

<u>Age Cymru</u>: national charity for older people in Wales – 0300 303 44 98. Email: <u>advice@agecymru.org.uk</u>

<u>Citizens Advice Powys</u>: provides free, independent, confidential, impartial advice to everyone on their rights and responsibilities – 0345 6018421. Text relay: 18001 08082 505720. <u>Online contact form</u>

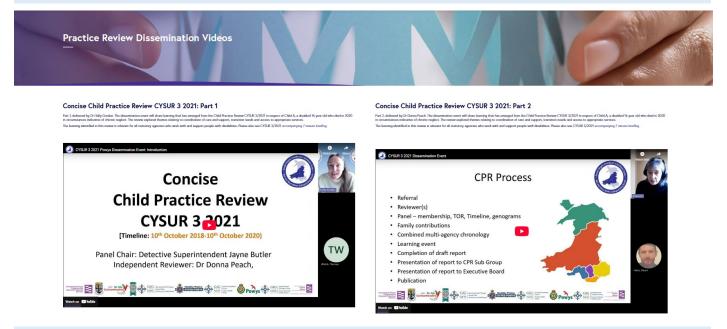
Dewis Choice: centre for age, gender and social justice. Hidden Harms

Information received from Powys Corporate Safeguarding Group

## PRACTICE REVIEW DISSEMINATION EVENT RECORDINGS

A new page on our website now provides dissemination videos for all our published reviews in Mid and West Wales and highlights the key themes and learning that has arisen from the respective review. These are usually recorded by the Reviewers/and /or Chairs of the review and will usually be between 20 minutes and half an hour in duration and length.

The page includes learning from reviews that have taken place in respect of child and adult practice reviews undertaken under previous statutory guidance, Working Together to safeguarding People Volume 2 – Child Practice Reviews and Working Together To Safeguard People Volume 3 - Adult Practice Reviews. More recent reviews undertaken and published under the new Statutory Guidance in Wales, effective from the 1/10/2024, Single Unified Safeguarding Review Statutory Guidance (SUSRs) will also be included when these are published and will include reviews with a Domestic Homicide and Mental Health Homicide, as well as SUSR Child and Adult Practice Reviews.



#### Recordings available so far include:

- **Concise Child Practice Review CYSUR 3 2021** Delivered by Dr Holly Gordon and Dr Donna Peach The dissemination event will share learning that has emerged from the Child Practice Review CYSUR 3/2021 in respect of Child A, a disabled 16 year old who died in 2020 in circumstances indicative of chronic neglect.
- Extended Child Practice Review CYSUR 4 2020 /CWMPAS 2 2020 Presentation delivered by Dr Donna Peach. The dissemination event will share learning that has emerged from the hybrid Child and Adult Practice review CYSUR 4 2020/CWMPAS 2 2020, the circumstances are in respect of the placement of a child and a vulnerable young adult in a respite foster placement and the subsequent significant harm experienced by both the child and young adult.
- **Extended Child Practice Review CYSUR 6/2021** The dissemination event will share learning that has emerged from the Child Practice Review CYSUR 6/2021 in respect of two young people Child X and Child Y, who were both placed with Foster Carer Adult Z, and who both reported incidents of sexual abuse in placement.
- **Concise Child Practice Review CWMPAS 5/2018** The dissemination event will share learning that has emerged from the Adult Practice Review CWMPAS 5/2018 in respect of Adult M, a 22-year-old who was found deceased at a College in England where she resided. Adult M had a diagnosis of Asperger's Syndrome, Raynaud's disease and depressive illness.
- **Concise Child Practice Review CYSUR 1/2021** The dissemination event will share learning that has emerged from the Child Practice Review CYSUR 1/2021 in respect of child A, a young child who resided in Pembrokeshire, and who tragically died in July 2020 following an unprovoked and violent attack.

All recordings can be accessed from our website at: https://cysur.wales/training/practice-review-dissemination-videos/

# HOMELESS PEMBROKESHIRE & HOMELESS CARMARTHENSHIRE HOMELESS LOCALLINK APP



Homeless Pembrokeshire & Homeless Carmarthenshire are proud to present the Homeless LocalLink app, a groundbreaking tool developed in-house to support three key groups:

- 1. People who are homeless or at risk of homelessness
- Concerned individuals, including family, friends, and members of the public
- 3. Support workers and volunteers from various organisations

#### How Homeless LocalLink can help:

For those who are homeless or about to be, the app offers:

- Information on organisations that can provide assistance, including contact details and services offered.
- Practical tips and tricks for surviving on the streets.
- Listings of available properties or rooms for rent.
- Rest assured, Homeless LocalLink respects your privacy and does not track or access your phone in any way.

#### For those concerned about someone who is homeless, the app provides:

- Details on organisations that can help, including how to reach them and what they do.
- Survival tips for those living on the streets.
- Rental property listings.
- A feature to report concerns directly through the app.

#### For support workers and volunteers, Homeless LocalLink offers:

- Information on helpful organisations, including contact details and services.
- Survival tips for those on the streets.
- Rental property listings.
- A feature to report concerns directly through the app.
- The ability to become a registered user with backend access.
- Tools to edit and manage information about your organisation.
- Networking opportunities with professionals from partner organisations.

#### How to Get Homeless LocalLink:

To install the app, simply scan the QR code and follow these steps:

**For Android users:** Open Chrome, go to the settings menu (three vertical dots), and select "Install app" or "Add to home screen."

**For iPhone users:** Navigate to the app's URL, tap the Share symbol (square with an upward arrow), and select "Install app" or "Add to home screen."



# UPCOMING AWARENESS DAYS

Please find upcoming awareness day dates for your diaries. Remember to follow us on social media for links and resources that support each of these days.

June		
June 2-8	Child Safety Week	
June 15	World Elder Abuse Awareness Day:	
June 20	Stop Cyberbullying Day:	
June 14-21	Drowning Prevention Week:	
June 26	International Day against Drug Abuse and Illicit Traf- ficking:	
July		
l4th July	National Day of Remembrance for Victims of Honour Based Violence	
24th July	The Big Listen – Samaritans Awareness Day	
30th July	World Day against Trafficking in Persons	
August		
12th August	International Youth Day	
OUR SOCIAL MEDIA		
FACEBOOK	INSTAGRAM	TWITTER
		@CYSURCYMRU
@CYSURCYMRU	@CYSURCYMRU	@CWMPASCYMRU
CONTACT US		oping Canolbarth a Gorlientii Cymru
Email:		Bwrad

cysur@pembrokeshire.gov.uk for CYSUR cwmpas@pembrokeshire.gov.uk for CWMPAS All Hest Wales Safegua